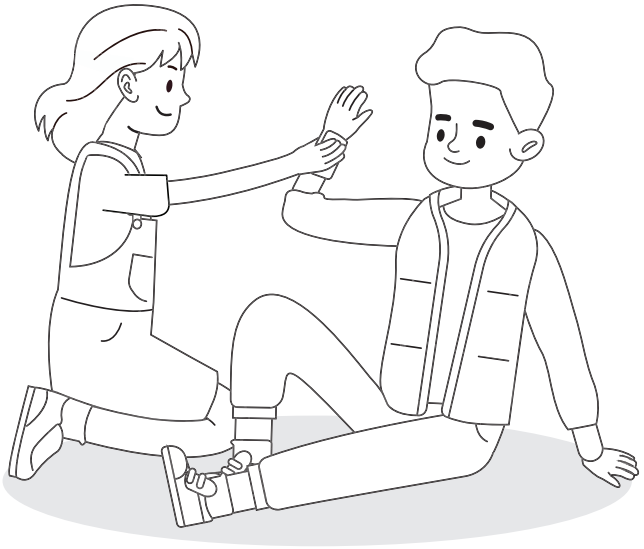
Principles of Control

Pressure
Slow or stop the flow of blood. Squeeze wound edges together and wrap the injury.

Elevation
Blood flows poorly uphill. Lift Bleeding area and keep it raised.

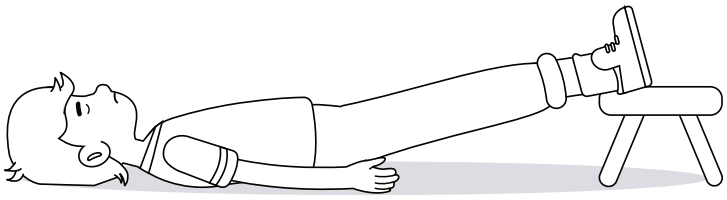
What to do when:

External Bleeding



- DRSABCD
- Using a pad or folded cloth, push on the wound.
- Elevate wounded area, if possible.
- Apply bandage over pad. If blood soaks through, use another pad and more bandaging.
- Apply a sling, if possible.
- Call 000 for ambulance/medical help.
- Check blood flow present beyond dressing.

Internal Bleeding



- DRSABCD
- Lay casualty down to prevent fainting.
- Raise casualty's feet by 20cm or so, if possible.
- Call 000 for ambulance/medical help

Nose bleeds



- Sit casualty up, lean him/her forward and pinch the soft part of the nose for 10 minutes.